

Neurodiversity

resources handout

BY CAMHS SPA (ACCESS TEAM)

[Somerset Graduated Response Tool](#) outlines SEN expectations for school and includes information on Education Health Care Plans.



[Autism Somerset](#) provides autism training, signposting and consultancy. Includes The '12 Step Programme for Anxiety'.



[Somerset Educational Needs and Disability Information, Advice and Support \(SENDIAS\)](#) – free, confidential and impartial advice and support.



[The Somerset Parent Carer Forum](#) offer peer/parent/carer support, as well as advice and information around young people with SEN. They run regular meetings, forums, and workshops.



[Cygnet](#) – is a 6 week parenting support programme for parents and carers of autistic children and young people aged 5-18. Find the nearest programme provider to you via the Barnardo's website or Facebook, search 'Barnardo's Cygnet Parenting Support Programme'



[National Autistic Society \(NAS\)](#) for a full list of local services. Look for parent support groups in areas near you:



[Escape](#) is a charity based in Taunton supporting young people, aged 0-17 years with varying degrees and types of disability, including physical, learning, behavioural and communication needs.



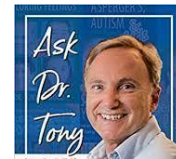
[The Autism Education Trust](#) – offers education professionals training, practical tools and free resources to better support autistic young people aged 0-25. Includes ‘Parent Guide for Working Together with Your Child’s School’.



[The Curly Hair Project](#) - an organisation that helps people on the autistic spectrum and the people around them. They use animated films, comic strips and diagrams to make information interesting and easy to understand



[Dr Tony Attwood](#) – website includes information about autism including how to make an autism friendly-home.



[Autism, what next?](#) – Australian website containing information about what autism is, myths and misconceptions, co-occurring conditions and gender.



[Spectrum Gaming Website](#) - information and resources for Autism. An online community for autistic young people which has three main intended outcomes: 1) Building Friendships, 2) Increasing Self-Acceptance, 3) Advocacy:



[Born to Be ADHD](#) – information, resources and campaign for support with ADHD



[ADHD UK](#) - information and resources about ADHD in both young people and adults. Includes information about education support.



[The ADHD Foundation](#) – extensive resource hub for families. Also information on workshops and conferences

