

GP REFERRAL PROFORMA FOR ALL BREAST SYMPTOMS
PLEASE USE 2WW SERVICE ON CHOOSE AND BOOK OR FAX TO 01823 343 417 (MPH)

Is the purpose of referral to diagnose or exclude a cancer?

☐ **Yes Please inform the patient. E.g. 'The chances of your symptoms being caused by a cancer are low but I can't rule it out with examination alone so would like to refer you to the breast clinic. When I make this referral the hospital will offer you an appointment within 2 weeks. It is important that you are available to attend the appointment that is offered. Are there any dates that you are not available?'**

Dates patient is unavailable in next 14 days:

☐ **No the purpose of referral is _____ (Please include a referral letter)**

Patients with breast pain and no palpable lump can be managed in primary care without further investigation. Initial measures could include reassurance and analgesics if required. You could also consider a 4 month trial of evening primrose oil which some patients find beneficial.

Patients who are anxious about the possibility of breast cancer and do not meet the criteria below can be reassured and offered follow up in primary care in 4 weeks. Further information for patients on breast pain is available [here](#)

Patient Details:

Surname: _____ NHS No: _____
 Forename: _____ Hosp No: _____
 Address: _____

 Post Code: _____ DOB: _____

 Daytime Tel No: _____
 Mobile Tel No: _____

Referrer Details:

Name: _____
 Role: _____
 Practice: _____

 Telephone No: _____
 Fax No: _____
 E-mail Address: _____

DATE OF REFERRAL:

PRESENTING COMPLAINT

- ☐ Any age with a defined breast lump – location _____
- ☐ Isolated axillary lymphadenopathy
- ☐ Any age, with previous breast cancer, who present with a further lump or suspicious symptoms
- ☐ Unilateral eczematous skin or nipple (over 30's)
- ☐ New permanent nipple retraction (over 30's)
- ☐ Spontaneous bloody or clear nipple discharge
- ☐ Males aged 50 and over with a unilateral firm subareolar mass with or without nipple distortion or associated skin changes
- ☐ Abscess
- ☐ Other features giving high index suspicion

EXAMINATION FINDINGS

Examination Normal ☐

Abnormal Examination ☐ (please describe below)

Left ☐ Right ☐

UOQ ☐ UIQ ☐ LIQ ☐ LOQ ☐ nipple ☐

Size _____

Skin changes Yes ☐ No ☐ _____

Axillary Lymphadenopathy Yes ☐ No ☐ _____