

Advice following your Polypectomy

Once you get home, you can eat and drink as normal. The effect of the sedative can last up to 24 hours so do not drive, operate machinery or drink alcohol during that time.

If you develop uncontrollable chest pain, breathlessness, severe abdominal pain, a fever, bleeding from the back passage (rectum) including black faeces (stools) (melaena), jaundice or are unable to stop vomiting, please consult your GP or go to the A&E department. It is important that you tell the doctor that you have had a polypectomy in order for them to contact the Gastroenterology team for specialist advice.

Removal of polyps have an increased risk of complications for up to two weeks following the procedure. This risk varies depending on the size and location of the polyp and is not usually predictable before colonoscopy takes place.

Therefore it is not advisable to undertake air travel (particularly long haul, longer than four hours or to remote destinations) for two weeks after colonoscopy and polypectomy. For removal of small polyps and short haul flights you should not fly for 48 hours.

For further advice please call:

Endoscopy Unit

01823 342446

8am-6.30pm

Sheppard Ward

01823 342021

Out of hours