

# Somerset Neurological Rehabilitation Centre (SNRC)

## Our vision

We believe that interdisciplinary working is essential to care for patients with clinical, physical, cognitive, emotional and psycho-social needs following brain injury.

We aim to restore, improve and maintain functional ability and encourage you towards safe and independent living, in order to maximise your potential. We aim to work closely and supportively with you and your family.

## What we do

Somerset Neurological Rehabilitation Centre (SNRC) is a service that provides specialist neuro-rehabilitation for patients in Somerset following a brain injury. We provide specialist neuro-rehabilitation for patients that are medically stable and in the early stages of their recovery.

We can offer rehabilitation to patients following traumatic brain injury (e.g. following a fall or a car or motorbike accident) or non-traumatic injury such as anoxic brain injury, subarachnoid haemorrhage, and infections such as encephalitis.

We also offer rehabilitation to patients following surgical removal of tumour or other neurological conditions including Guillain-Barre Syndrome or Multiple Sclerosis. In some cases, we can support patients with spinal injuries.

All patients must show potential for functional improvement and be able to engage in active rehabilitation.

Our specialist team includes doctors, nurses, clinical neuropsychologists, physiotherapists, occupational therapists, speech and language therapists and dietitians. Patients also have access to social workers, volunteer music and reading therapists, pastoral advisor and support from Headway, the UK brain injury association.



Somerset Neurological  
Rehabilitation Centre  
**Advice for patients**

[www.somersetft.nhs.uk](http://www.somersetft.nhs.uk)

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## What to expect at SNRC

SNRC is a 10-bed specialist neuro-rehabilitation service based at Dene Barton Hospital in Cotford St Luke (a small village on the outskirts of Taunton). Patients can enjoy a quiet and calm rehabilitation environment based in a rural setting. Patients can access a local shop and amenities within close proximity to the unit and we benefit from acute medical services at Musgrove Park Hospital 8 km away.

You will be given an individual room with a sink and have access to large day room, physiotherapy gym, therapy kitchen and patio garden.

All patients will be allocated a keyworker on admission, who will function as a link person between you and your family and our specialist multi-disciplinary team. The keyworker will set goals with you and your family and keep you up to date with your progress and discharge plans.

Discharge dates will be set soon after admission and family meetings will be offered as required to update you and your family on your rehabilitation. The majority of patients admitted to SNRC are discharged to their own homes; those unable to return home are supported in finding a suitable alternative place to stay.

Our specialist multidisciplinary team meets regularly throughout the week to discuss each patient's rehabilitation and the medical team carry out daily ward rounds, with twice weekly senior medical ward rounds.

You will be provided with a therapy timetable each week, which shows the time and duration of therapy sessions. These sessions could be with a qualified therapist, a rehabilitation assistant or as part of a group.

## Useful information

### Visitor facilities

We offer hot drinks for visitors (payable via a cash box) and there is a small local supermarket nearby.

### Alcohol

Alcohol has a detrimental effect following brain injury and alcohol is not allowed in the center.

### Smoking

Dene Barton Hospital is a no smoking site

### What to bring

Please bring comfortable, practical clothing and sensible, supportive footwear. You will need all toiletries for personal washing and grooming.

Each room has a television which is free to view. You are welcome to bring electronic items which we can PAT (portable appliance testing) test on site. These items will need to be kept in your room at your own risk.

Car parking is free and available for all visitors

We offer open visiting times, but please note therapy sessions must take priority. In some cases, it may be beneficial to have a family member join a therapy session. Each case is individual and the multidisciplinary team will advise on each case.

## Notes for clients

Please visit our website: [www.somersetft.nhs.uk/somerset-neurological-rehabilitation-centre-snrc](http://www.somersetft.nhs.uk/somerset-neurological-rehabilitation-centre-snrc) or telephone – 01823 431 953