CELEBRATE BLACK HISTORY MONTH

NHS
Somerset
NHS Foundation Trust

Smita Sinha

Consultant- Obstetrics and Gynaecology



Hello! My name is Smita Sinha and I am a core member of the Multicultural Network at Somerset FT.

My interests are in postgraduate training and I am also the Royal College of Obstetricians and Gynaecologists college tutor for the department, as well as the return to training champion for the trust.

I am 'British Indian' and grew up in the UK, with both my parents having moved to England from India in the late 70s, to work as doctors in the NHS.

Three and a half years ago, I moved to Somerset from London with my husband, to start my consultant job. The change has been refreshing for us and we have been made to feel very welcome, both at work and in our neighbourhood!

However, I know the challenges my parents faced almost 40 years ago and am aware that there are sadly many similar issues that colleagues still face today in the NHS.

I would like to see improvements in issues, such as ease of accommodation, career progression and moving towards zero tolerance for racism, in the next five years.

It is so encouraging to see the motivation within the trust, as well as across the NHS, to acknowledge these concerns. I hope this will help to raise a wider conversation in the county to help address these issues and make the NHS an even greater organisation for all to thrive in!